

Return to Play Guidance for Mercer Men Soccer Players

COVID-19 Contact for League

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Do not participate if you:

- have a fever (100+)
- exhibit any signs or symptoms of Covid-19
- had a fever or symptoms, in the last 2 weeks
- been exposed to anyone in the last 2 weeks who has exhibited signs and symptoms of Covid-19
- are not comfortable engaging in competitive sport at this time

If you are healthy and choose to participate:

- you MUST provide up-to-date contact information (phone, email, residence) to your captain
- you MUST sign MCAMSL “Player Agreement” and confirm you have read and understood NJ Dept of Health “Guidance for Sports Activities.”
- take your temperature before joining your teammates
- sanitize your hands and equipment before and after play
- bring your own personal hand sanitizer
- bring plenty of hydration for your personal use only
- do NOT expect bathroom facilities to be accessible
- do not share equipment including: jerseys, towels, pinnies, etc.

At the soccer facility:

- protective masks are to be worn arriving at and departing from the facility
- protective masks are optional during play
- only players, coaches, refs and medical personnel are allowed on the field
- no sharing of hydration
- keep gear 6 feet away from gear of others
- all officials, substitutes and bench personnel must maintain 6ft distancing from others throughout the game
- spectators in designated areas must follow social distancing guidelines
- no close-proximity discussions, celebrations, greetings (no high-fives, handshakes, fist bumps, etc.)

Team captains:

- maintain up-to-date contact list for all your players (phone, email, residence) and track exactly which dates they attend
- bring disinfectant wipes to be used as needed on shared benches, soccer balls, etc.
- monitor your players signs and symptoms and send them home if you suspect they are ill
- report any unusual or uncomfortable incidents to league president as soon as possible

Referees:

- use your own officiating gear, do not share
- remind field players to maintain physical distancing pre-game, post-game and between periods
- advise players to maintain 6ft distancing whenever approaching officials
- remind players to refrain from close-proximity celebrations
- ensure ball is sanitized before game and periodically during game (as needed on restarts and minimally every 20 minutes)
- inappropriate physical contact including any attempt to spread bodily fluids on another person will be treated as a red card offense

Phase 1 Play

- controlled scrimmages
- kick-ins instead of throw-ins
- minimize physical contact both ON and OFF the field
- no spectators

Phase 2 Play

- league games to be played
- minimize physical contact OFF the field
- minimize off-the-ball contact ON the field
- spectators discouraged and must maintain physical distancing